ST MARY'S CATHOLIC PRIMARY SCHOOL

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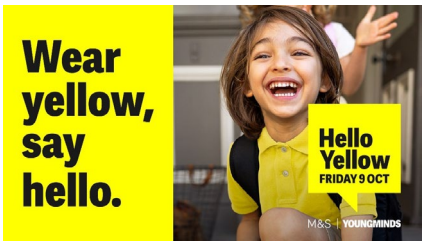

Dear Parents and Carers,

We are writing to let you know that St. Mary's Catholic Primary School is taking part in #HelloYellow on 9th October 2026 for World Mental Health Day.

We can all struggle with how we're feeling, but sometimes things get tough and it can be difficult to cope. For so many young people, when this happens, they don't get the help they need, when they need it. But together, we can change this.

That's why we've signed up to take part in #HelloYellow. By taking part and wearing yellow, we're showing young people that we're with them. We're showing them that they matter and deserve the support they need, when they need it, no matter what.

We'll be joining thousands of other schools by wearing yellow to stand out and show up for young people's mental health, and raise vital funds for **YoungMinds.**

To take part, students can wear yellow to school on Friday 9th October* for a **donation of £1** payable to class teachers on the day. We also invite parents and carers to consider making a donation to **YoungMinds**.

Here is our JustGiving page where you make a donation:
https://fundraise.youngminds.org.uk/fundraisers/denisemorgan/hello-yellow

Together, we can create a brighter future for children and young people.

If you have any questions about the day, please let us know.

Kind Regards

Denise Morgan
SENCO/ Senior Teacher and Mental Health Lead

* Please note that **Year 6 pupils will not be able to take part in the Mental Health Awareness dress-down day, as they will be representing the school at the Partnership Mass. We thank them for being excellent ambassadors for St Mary's and know they will do us proud. Mrs Concannon**

#HelloYellow M&S | YOUNGMiNDS

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