October 2026

Wow!

Mental Health Awareness Week

Monday 5th - Friday 9th October 2026

As part of our Mental Health Awareness week, class teachers used resources from the myHappymind programme to deliver a range of relaxation and happy breathing breaks, recognising that it's important for us all to stop, take a break and take care of ourselves. There are now myHappymind displays in each class to support the weekly lessons.









Classes were also asked to create a calm corner for all children to enjoy and use, it has been lovely seeing the photos come in. Please ask your child about the calm corner in their class and how it is used.









Thank you for supporting the #HelloYellow campaign by wearing Yellow to raise funds for YoungMinds, you helped us raise a total of: £133.75

Please use the link below if you wish to make any further donations directly to **YoungMinds:**
https://www.youngminds.org.uk/support-us/donate/





Thank you!

Money from the fidget sales has gone towards wet play resources for our school

We raised: £77.00

New wet play resources Autumn 2026



New Playground equipment Summer 2026

