



ST MARY'S CATHOLIC PRIMARY SCHOOL

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Dear Parents and Carers,

Consultation on Relationships, Sex and Health Education (RSHE)

At St Mary's Catholic Primary School, we are committed to providing a Relationships, Sex and Health Education (RSHE) curriculum that reflects our Catholic ethos while meeting all statutory requirements. As you may be aware, we currently deliver the **Ten:Ten Life to the Full** programme across the school. Following recent updates to Department for Education guidance and accompanying updates from the Diocese of Northampton, we are reviewing our RSHE provision and policy to ensure it remains fully compliant, up to date and responsive to the needs of our pupils. As part of this process, we are inviting all parents and carers to take part in a consultation.

Documents for Review

Please take time to read the following documents:

- **Draft RSHE Policy**
- **Northampton Diocese RSHE Update Document** (changes are highlighted in green)

These documents explain the proposed updates and how RSHE will continue to be taught within the context of our Catholic faith and values.

Explore the Ten:Ten Resources

We would also encourage parents to access the Ten:Ten parent consultation materials to gain a fuller understanding of the content taught through the programme.

Parent Consultation Tool:

<https://www.tentenresources.co.uk/parent-consultation-tool-primary/>

Parent Login Details

- **Username:** St-Marys-NN116UF
- **Password:** astonlewalls

The parent portal provides examples of lesson content, videos and resources used in school and helps families understand how topics are presented in an age-appropriate manner.

Have Your Say

Once you have reviewed the documents and explored the parent consultation tool, we invite you to complete the accompanying survey. Your views are important and will help inform the final version of our RSHE Policy. The consultation will remain open until **October 1st 2026**.

Thank you for taking the time to engage with this important aspect of your child's education. Through working together, we can ensure that our RSHE curriculum supports pupils in developing healthy relationships, understanding their physical and emotional wellbeing, and growing in accordance with our shared Catholic values. If you have any questions regarding the consultation, please do not hesitate to contact the school office.

Yours sincerely,

Laura Concannon

Headteacher

St Mary's Catholic Primary School