

# REDUCING PARENTAL CONFLICT - DIGITAL RESOURCE TRAINING

- **TUESDAY 14<sup>TH</sup> OCTOBER 2025**
- **TUESDAY 11<sup>TH</sup> NOVEMBER 2025**

9.30am -12:00pm  
Via Teams

This session shares free resources available for parents, to support communication in their relationships and resolve disagreements more positively.

Professionals working with families in West Northamptonshire are invited to attend a free training session delivered by WNC, focusing on the One plus One digital resource that can be used to support parents in reducing parental conflict.

Once you have completed the training you will have access to three evidence-based interventions and resources for practitioners to use with families.

- Me, You and Baby Too
- Arguing Better
- Getting it right for Children (co-parenting/separated parents)
- Debt (Additional material)

The resources shared encourage parents to think about their relationship and how they can communicate and deal with conflict more effectively, reducing the impact on their children and young people.

## Available sessions

**14th October 2025**

[Book now](#)

<https://forms.office.com/e/7gss6wtWuW>

**11th November 2025**

[Book now](#)

<https://forms.office.com/e/QRedE9kYCh>