



# ST MARY'S CATHOLIC PRIMARY SCHOOL

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W: [www.stmarysrc-astonlewalls.co.uk](http://www.stmarysrc-astonlewalls.co.uk)

Dear Parents and Guardians,

I hope this message finds you well. I am writing to inform you about the upcoming TEN:TEN sessions for our Year 6 pupils, which will commence this Summer 2 half term. As you may know, our school has introduced this RSHE (Relationships, Sex and Health Education) scheme, aimed at guiding our children through important topics in an age-appropriate way.

Over the course of these sessions, your child will cover various themes, including body changes, the process of making a baby, and the impact of spots and sleep on their health. These discussions are tailored to empower our students with knowledge and understanding as they approach this significant stage in their lives.

Before half term, we will provide a question box in the classroom, where children can anonymously submit any queries they may have regarding these topics. Rest assured that all questions will be addressed thoughtfully during the sessions.

The TEN:TEN sessions will take place on Thursday afternoons throughout the Summer 2 term. We believe that open and honest communication about these subjects is vital for our children's personal development, and we encourage you to engage in conversations with them at home as well.

For your reference, I have attached links to resources that offer further information about the content of these sessions. Please feel free to peruse these materials and discuss them with your child.

Should you wish to opt your Year 6 child out of these sessions, please do not hesitate to contact the school office for further assistance.

Thank you for your continued support and partnership in your child's education. We appreciate your engagement in these important discussions.

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/girls-bodies/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/boys-bodies/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/spots-and-sleep/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/making-babies-part-1/>

<https://www.tentenresources.co.uk/parent-portal/life-to-the-full-plus/making-babies-part-2/>

To access these resources you will need to use the Parent Log in details that were issued at the start of the year.



SUPPORTING  
CONNECTING  
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Username

St-Marys-NN116UF

Password

astonlewalls

Parent Portal

<https://www.tentenresources.co.uk/parent-portal/>

Yours sincerely,

Mrs Laura Concannon

Head Teacher

