|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| *Stage 23:* 11x shuffle (3 mins) | | | | | |
| *Name:* | | | | | |
| *Date:* | | | | | |
| 7 x 5 = | 8 x 10 = | 7 x 6 = | 7 x 9 = | 11 x 6 = | 4 x 7 = |
| 3 x 8 = | 12 x 11 = | 5 x 10 = | 9 x 6 = | 5 x 2 = | 11 x 11 = |
| 6 x 7 = | 7 x 3 = | 4 x 4 = | 8 x 3 = | 8 x 2 = | 9 x 4 = |
| 12 x 9 = | 6 x 3 = | 8 x 11 = | 5 x 7 = | 5 x 9 = | 4 x 8 = |
| 9 x 3 = | 12 x 2 = | 6 x 4 = | 7 x 8 = | 11 x 5 = | 11 x 2 = |
| 6 x 8 = | 8 x 6 = | 8 x 4 = | 6 x 6 = | 8 x 9 = | 6 x 11 = |
| 5 x 6 = | 4 x 5 = | 4 x 3 = | 12 x 4 = | 4 x 10 = | 6 x 5 = |
| 12 x 8 = | 12 x 5 = | 5 x 4 = | 5 x 8 = | 12 x 7 = | 9 x 2 = |
| 9 x 8 = | 6 x 9 = | 7 x 4 = | 7 x 7 = | 4 x 9 = | 0 x 11 = |
| 9 x 7 = | 8 x 7 = | 12 x 3 = | 12 x 6 = | 0 x 3 = | 9 x 5 = |

**Multiples Marathon**