



# *St Mary's Catholic Primary Nappy Changing Policy*

<i>Date Approved</i>	<i>September 2024</i>
<i>Date Reviewed</i>	<i>September 2025</i>
<i>Date of next review</i>	

St Mary's Catholic Primary School understands that all children develop at different rates, including when they are ready to toilet train. Therefore, no child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### **Policy**

- The child's key person will discuss the child's specific routine and needs with the parents/carers prior to the child joining St Mary's.
- If required, signed permission to change nappies will be sought at registration and filed with registration forms.
- The parent/carer will be asked to provide nappies and named wipes each session and to hand in nappy cream if they wish it to be used.
- Only staff known to that child and who hold an up to date DBS record will change a child's nappy.
- Staff will be sensitive to the feelings of a child when changing nappies. They will ensure the changing area is comfortable and warm and will talk to the child as they change them, offering reassurance if necessary. They will not make remarks in any child's earshot about the contents of the nappy.
- Staff will discourage other children from making derogatory comments.
- All staff will make every effort to ensure a child is left clean and comfortable after changing. However, if a member of staff feels that they are unable to do this using the facilities we have then they will contact the child's parents or carers and ask them to collect the child. This is to protect the health and dignity of the child.

## Procedures

- Each day a list of children who are in nappies or 'pull-ups' is put up in the main room to act as a checklist for all staff. This is ticked off as each child is changed.
- Gloves and aprons are put on by staff before changing starts and the areas are prepared. Paper towel is put down on the changing mat freshly for each child.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend in a neighbouring cubical who is also using the toilet.
- Children are encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Anti-bacterial hand wash liquid or soap is used by staff in our Early Years setting
- Staff do not make inappropriate comments about children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and pull ups are disposed of hygienically; the nappy or pull up is bagged and put in the Sengenic disposal bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged and passed discreetly to the parent for them to take home and wash.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

Written by Sammie Vale (Early Years Leader) September 2024