

# Carpenters CLASS

## WOW! REPORT

Mental Health Week 2024



### Mental Health Assembly

*The theme was introduced to the children through a class assembly using the the mental health awareness resources. The class came up with ideas to share with School Parliament on how we can help each other to speak out and be more confident in school.*

### *Art Work: What Matters To You?*

*The theme for this years Mental Health Week was: 'Your Voice Matters.' In this activity, children were encouraged to draw a swirl and write, draw or stick what matters to them within it. In the centre of the swirl they were asked to record the things that were the most important to them, and as the swirl widened they considered the things that were important in their communities and the wider world. These pictures will be added to a whole school display in school.*

### *You are special because..*

*We talked about the importance of connection to others to maintain our mental health. We wrote a slip to each member of the class highlighting what makes them great!*